

Henna Aftercare

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❖ Henna takes 30-45 minutes to dry (longer in cold temperatures). Henna loves heat so enjoy the sun with your paste on!

❖ Leave your henna paste on for 4-8 hours to intensify the color and produce a longer lasting stain.

❖ For best results, seal the *dried* paste with lemon juice and sugar syrup.

Dissolve 3 TSP of sugar in 3 TBSP of fresh lemon juice. This can be gently dabbed on the design with a cotton ball, or sprayed with a spray bottle. As long as the henna paste on your skin is moist, it will keep staining. Try to heat the design after spraying it for an even darker stain.

❖ If left on overnight, wrap it in toilet paper or saran wrap.

❖ Peel off your henna paste, olive oil will assist this process, DO NOT use water. The orange color will deepen into a richer reddish-brown color over the next 48 hours. This gradual darkening of the stain is a sign that the paste is 100% natural.

❖ Avoid contact with water within the first 24 hours as this can interrupt the oxidation process of the stain.

❖ Rub coconut or olive oil or Vaseline on the stain before soaking in water.

Henna binds to the keratin in your skin. We all have different levels of keratin, so the stains can vary from person to person. The most keratin is in your hands and feet, so the darkest stains will be on these parts of the body.

The above instructions are for best results. You can just leave the paste on for 4-6 hours and not follow any special steps and still get a good stain.

My henna paste is 100% natural and contains no instant staining chemicals.